

	Monday	Tuesday	Wednesday	Thursday	Friday
Dates week commencing	Week Commencing – 17 April, 8 May, 5 June, 26 June, 17 July				
Meat/Fish	Homemade Cheese and Tomato Pizza and Cheese and Ham Pizza	Sizzling Sausages with Creamed Potato	Roast Gammon with New/Roast Potatoes	Mild Turkey Curry with Rice	Fish Fingers with Chips
Vegetarian	Vegetarian Sausage Wrap	Vegetable Stir Fry	Roast Vegetable Tart	Vegetable Curry with Rice	Vegetable Lasagne
Additional Options	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Tuna	Jacket Potato with Baked Beans
	Plain Jacket	Plain Jacket	Plain Jacket	Plain Jacket	Plain Jacket
Vegetables	Ham Wrap Packed Lunch	Ham Wrap Packed Lunch	Ham Wrap Packed Lunch	Ham Wrap Packed Lunch	Ham Wrap Packed Lunch
	Cheese Wrap Packed Lunch	Cheese Wrap Packed Lunch	Cheese Wrap Packed Lunch	Cheese Wrap Packed Lunch	Cheese Wrap Packed Lunch
	Carrots Peas	Peas Beans	Broccoli and Swede	Mixed Vegetables	Peas Beans
Dessert of the day	Fruit Crumble with Custard	Fresh Fruit Salad	Fruit Jelly and Ice Cream	Fresh Fruit Salad	Lemon Shortbread
Dates week commencing	Week Commencing – 24 April, 15 May, 12 June, 3 July, 24 July				
Meat/Fish	Pasta Bolognese	Sausage Casserole	Roast Chicken with New/Roast Potatoes	Shepherds Pie	Battered Fish with Chips
Vegetarian	Vegetarian Bolognese	Country Garden Crumble	Vegetable Plait	Macaroni Cheese	Vegetarian Sausages
Additional Options	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Cheese	Jacket Potato with Baked Beans
	Plain Jacket	Plain Jacket	Plain Jacket	Plain Jacket	Plain Jacket
Vegetables	Ham Wrap Packed Lunch	Ham Wrap Packed Lunch	Ham Wrap Packed Lunch	Ham Wrap Packed Lunch	Ham Wrap Packed Lunch
	Cheese Wrap Packed Lunch	Cheese Wrap Packed Lunch	Cheese Wrap Packed Lunch	Cheese Wrap Packed Lunch	Cheese Wrap Packed Lunch
	Mixed Vegetables Coleslaw	Baked Beans Peas	Green Beans Carrots	Carrots Cabbage	Peas Baked Beans
Dessert of the day	Winter Fruit Pinwheel	Fresh Fruit Salad	Fruity Yogurt Frozen Slice	Fresh Fruit Salad	Homemade Oat Biscuit
Dates week commencing	Week Commencing – 1 May, 22 May, 19 June, 10 July				
Meat/Fish	Sweet and Sour Chicken with Rice	Chilli Con Carne with Rice	Roast Turkey with New/Roast Potatoes	Lasagne	Fish Fingers with Chips
Vegetarian	Bean Paella	Mushroom and Pasta Bake	Broccoli and Potato Bake	Sweet Potato and Lentil Curry	Quorn Bolognese
Additional Options	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans
	Plain Jacket	Plain Jacket	Plain Jacket	Plain Jacket	Plain Jacket
Vegetables	Ham Wrap Packed Lunch	Ham Wrap Packed Lunch	Ham Wrap Packed Lunch	Ham Wrap Packed Lunch	Ham Wrap Packed Lunch
	Cheese Wrap Packed Lunch	Cheese Wrap Packed Lunch	Cheese Wrap Packed Lunch	Cheese Wrap Packed Lunch	Cheese Wrap Packed Lunch
	Sweetcorn Peas	Peas Baked Beans	Carrots Cabbage	Cauliflower Green Beans	Peas Baked Beans
Dessert of the day	Cheese and Biscuits	Fresh Fruit Salad	Granola Cookie	Fresh Fruit Salad	Chocolate Drop Biscuit

The following are available daily: Freshly prepared salad bar containing 4-6 choices (minimum of 3 with no dressing)
Organic fresh white & wholemeal crusty bread
Selection of seasonal fresh fruit and low fat yoghurts
Chilled water
The carbohydrate is incorporated in the whole dish unless otherwise stated

The Packed Lunch Option will consist of:
Ham or Cheese Wrap (subject to availability)
Portion of Raisins
Cucumber, Carrot and Apple Sticks
Fruit or Yoghurt
Chilled Water