

Our Art Exhibitions were stunning with great art work completed, both individual and collaborative pieces. The children enjoyed making handprints, illustrating, watercolours, marbling, printing, creating clay looms, silk painting and jewellery making. This money will be used to support arts in our school. Many thanks for Mrs Stapleton for the organisation of this event and to the School Association for their raffle ticket sales and serving of drinks. Here's some of what was produced:





Mrs S.L. Whalley
01392 824340
admin@exminsterschool.co.uk



Medical Matters

Non-prescription medicine such as Paracetamol and Ibuprofen may now be administered by school staff. The medication must be clearly labelled with the child's name and be in the original container (no boxes please). You should also provide your own spoon/syringe. All medication is to be given into the school office and the necessary paperwork completed. No medication is to remain with the child in his/her classroom.

In addition to the nasty flu bug which has been going around the school, we also have had instances of Slapped Cheek (Parvovirus B19). Slapped cheek syndrome is a viral infection that's most common in children, although it can affect people of any age. It usually causes a bright red rash to develop on the cheeks. Although the rash can look alarming, slapped cheek syndrome is normally a mild infection that clears up by itself in one to three weeks. Once you've had the infection, you're usually immune to it for life. However if you're pregnant, have a blood disorder or a weakened immune system and have been exposed to the virus, you should get medical advice. The symptoms are:

- a slightly high temperature (fever) of around 38C (100.4F)
- a runny nose
- a sore throat
- a headache
- an upset stomach
- feeling generally unwell

Finally I would like to remind parents that nits are an ever-present problem in school. The best way to eradicate them is to be vigilant and check your child's head on a weekly basis with a nit comb and plenty of conditioner.

Sports Relief Week: Monday 14th – Friday 18th March

From Monday 14th to Friday 18th March, children will be participating in sporting competitions within their year groups. This is to give everybody a chance to work as a team and to show their sporting aptitude. Hopefully this will be enjoyable for all the children and will help to raise the profile of PE and sport across the school. On Friday 18th March we will be getting active for Sports Relief and, in return for a small donation to the charity, children may come in wearing their sports gear. Throughout the day different classes will complete activities to raise money for the charity. The children will also have a Sports Relief learning focus during the day. Children might also like to complete their own sponsored activities during their play times. If they'd like to do this then they should see their Class Teacher to discuss their ideas and to get a sponsorship form.

Active Travel Week: Monday 14th – Friday 18th

To tie in with our Sports Relief theme, we will also be taking part in the Sustrans Big Shift challenge. We are asking as many adults and children as possible to walk, scoot or cycle to school during this week. Exminster will be competing with other local schools to see how many children can travel actively. Individual classes will also be competing amongst themselves and there are some great prizes for the winners. If you usually drive, you can 'park and stride.' If your walk is at least 4 minutes long then this still counts. We won this competition last year out of the competing schools in the Exeter area. Let's see if we can retain our title and travel actively to school! Please may I remind you that for safety reasons bikes and scooters cannot be ridden within the school grounds – you will need to get off and push.





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Exminster Summer Playscheme

Just to let you know that the Playscheme's AGM (Annual General Meeting) will be take place at Coffee on the Corner at 7.45pm on Tuesday 15th March. You are all welcome to attend and to find out what has happened over the last year and what we hope to achieve this year. If you need more information before coming to the meeting or if anybody is interested in being part of the committee but is unable to attend, please feel free to ring me. We look forward to seeing some new faces!

Anne Snell (Committee member)
Tel: 01392 832763

